

Pantry Appeal

Your donations help others!



TOILETRIES



BREAKFAST FOOD
+ UHT MILK



PASTA/RICE +
QUICK MEALS



SCHOOL LUNCH
SPREADS/SNACKS



TINNED FOOD



WOMEN'S NEEDS



NAPPIES +
BABY FOOD



CASH DONATION



VOLUNTEER

**To donate call 1800 18 77 68 or
visit www.anglicare.com.au**

Pantry Appeal

Shopping List

School Lunches

- » Juice Boxes
- » Dried Fruit & Snacks
- » Muesli/Snack Bars
(Nut Free Options)
- » Fruit and Jelly Cups
- » Rice cakes
- » Spreads (Cheese)
- » LeSnak/Dippits

Home Cooking

- » Rice & Pasta
- » Pasta Sauce
- » Cooking Oils
- » Flour
- » Instant Noodles
- » Tinned Meat
- » Tinned Vegetables
- » Tinned Fruits
- » Tins of Tuna/Salmon
- » Tinned Soup/Stew

Breakfast

- » Long-Life Milk
- » Up&Go
- » Cereal
- » Coffee, Tea & Sugar
- » Spreads (Vegemite,
Jam, Peanut, Honey)

Toiletries & Household

- » Toilet Paper
- » Toothbrushes (single)
- » Toothpaste
- » Soap/Deodorant
- » Shampoo
- » Dish Washing Liquid
- » Laundry Powder

Baby Needs

- » Large Nappies/Pants
- » Baby Wipes
- » Nappy Rash Cream
- » Baby Food

Gluten/Dairy/Lactose-free alternatives are welcome.

Please ensure all items are within their
'Best-before' and 'Use-by' dates.